In my opinion slowing down the internet would increase stress without any doubt as a result of the nowadays we derive the great bulk of information from internet ,we pay our bills by internet, even pay in the food shops by pay pass app and we get used to take it quickly wherthrough it is very important in our rushing life . The people losing the patience later, we always get angry when it is necessary to waiting for something. We get mad being stuck in the traffic or staying in the hospital queue,

waiting for our delayed flight in an airport. So it would be completely disaster if internet slowing down because the our life will be slowing down then as well and it the straight way to get stress.